



Welcome to the World Food Barn

We provide organic, sustainable plant-based foods based on seasonal vegetables and fruits.

Everything is prepared on premises and made fresh daily.

Please let us know if you have any food allergies.

Follow us on  
www.WORLDFOODBARN.com

Freshly Extracted Juices 25cl: 4.50€ / 50cl: 8.00€

The Buzz (Carrot, Orange, Lemon)

Chill Out (Cucumber, Mint, Apple, Celery, Lime)

The Greeny (Parsley, Spinach or Kale*, Celery, Cucumber, Lemon, Apple)

Morning Sunshine (Lime, Orange, Spinach or Kale*, Cucumber, Fennel)

Make your own:

Base (Apple, Fennel, Celery, Cucumber, Lemon, Lime, Orange, and Carrot)

Add a Tonic (Mint, Parsley, Coriander, Ginger, and Turmeric)

Smoothies 25cl: 5.50€ / 50cl: 9.00€

The Buzz goes Smoothie (Carrot, Orange, Lemon, and Banana)

Tropical Cooler (Spinach or Kale*, Banana, Coconut Cream, Coconut Water)

Funky Monkey (Banana, Cacao Cru Nibs, Flax Seeds, Coconut Cream, Dates)

Coco-Loco (Coconut Cream, Coconut Milk, Banana, Mint, All Spice)

Lady Di-Choco (Banana, Cacao, Coconut Cream, Dates, Coconut Milk)

Winter Pumpkin Spice (Pumpkin, Almond Milk, Banana, Dates, All Spice)

** Depending on availability*

Food

Barn Bowls 12.50 €

Bowl of the Day (See Board)

The West Indies' Creole Winter Bowl

Seasonal Vegetables, Carrots, Curcuma Rice Noodles, Achards, Salad, Ginger, Remoulade Sauce, Toasted

Pumpkin Seeds. 1) Achards Ferments: Cabbage, Carrots, Pineapple.

Sauce: Olive Oil, Vinegar, Garlic, Dijon Mustard, Lemon, Parsley, fermented hot peppers, Capers, Cashew Nuts, Pickles, Shallots, Salt and Pepper.

Raw-Licious Bowl

Seasonal Veggies, Sprouted Chick Peas, Seasonal Ferments, Carrots, Salads, Fresh Herbs, Sprouted Buckwheat... other goodies.

Soup'n Salad

Soup of the Day with a Bowl of Salad

Raw Hummus

Hummus Veggie Platter 7.50€

Hummus made from sprouted Chick Peas, Seasonal Veggies, Raw Crackers

Veggie Stack 8.50€

Mille-Feuille of seasonal Veggies with Hummus, Raw Crackers, Greens

Extras

Raw Crackers **3.00€**

Soup of the Day **6.50€**

Fermented Veggies **3.00€** (Also available in jars for take-out)

Add Juice or
Soup of the
day +4€

Sweetness

Chia Pudding with Fresh Fruit 4.00€

Fresh Fruit Salad 4.50€

Homemade Granola Bowl with Fresh Fruit 6.00€

Cake of the Day (See Vitrine) **3.50€**

Raw Cake of the day 6.50€

**For the Holidays:
Raw Cake
available on order
Ask the Barn Team**

Enjoy your time at the World Food Barn!