



## Welcome to the World Food Barn

We provide organic, sustainable plant-based foods based on seasonal vegetables and fruits.

Everything is prepared on premises and made fresh daily.

Please let us know if you have any food allergies.

Follow us on    
[www.WORLDFOODBARN.com](http://www.WORLDFOODBARN.com)

## Freshly Extracted Juices 25cl: 4.50€ / 50cl: 8.00€

**The Buzz** (Carrot, Orange, Lemon)

**Chill Out** (Cucumber, Mint, Apple, Celery, Lime)

**The Greeny** (Parsley, Spinach or Kale\*, Celery, Cucumber, Lemon, Apple)

**Morning Sunshine** (Lime, Orange, Spinach or Kale\*, Cucumber, Fennel)

**Make your own:**

**Base** (Apple, Fennel, Celery, Cucumber, Lemon, Lime, Orange, and Carrot)

**Add a Tonic** (Mint, Parsley, Coriander, Ginger, and Turmeric)

## Smoothies 25cl: 5.50€ / 50cl: 9.00€

**The Buzz goes Smoothie** (Carrot, Orange, Lemon, Banana)

**Tropical Cooler** (Spinach or Kale\*, Banana, Coconut Cream, Coconut Water)

**Funky Monkey** (Banana, Cacao Cru Nibs, Flax Seeds, Coconut Cream, Dates)

**Coco-Loco** (Coconut Cream, Coconut Milk, Banana, Mint, All Spice)

**Lady Di-Choco** (Banana, Cacao, Coconut Cream, Dates, Coconut Milk)

**Winter Pumpkin Spice** (Pumpkin, Almond Milk, Banana, Dates, All Spice)

*\* Depending on availability*

## Food

### **Barn Bowls 12.50 €**

**Bowl of the Day** (See Board)

### **Yangshuo Bowl**

Seasonal Greens, Carrots, Tomatoes, Cucumber, Mint, Tumeric Rice Noodles, Fermented Veggies, Crispy Peanuts, Salad, Ginger, Tamarind-Lime Sauce.

### **Winter Raw-Licious Bowl**

Seasonal Veggies, Sprouted Chick Peas, Seasonal Ferments, Carrots, Salads, Fresh Herbs, Sprouted Buckwheat... other goodies.

### **Soup'n Salad**

Soup of the Day with a Bowl of Salad

### **Raw Hummus**

### **Hummus Veggie Platter 7.50€**

Hummus made from sprouted Chick Peas, Seasonal Veggies, Raw Crackers

### **Veggie Stack 8.50€**

Mille-Feuille of seasonal Veggies with Hummus, Raw Crackers, Greens

### **Extras**

Raw Crackers **3.00€**

Soup of the Day **6.50€**

Fermented Veggies **3.00€** (Also available in jars for take-out)

Add  
Soup  
+4€

## Sweetness

Chia Pudding with Fresh Fruit **4.00€**

Fresh Fruit Salad **4.50€**

Homemade Granola Bowl with Fresh Fruit **6.00€**

Cake of the Day (See Vitrine) **3.50€**

Raw Cake of the day **6.50€**

**Holidays: Raw Cake  
available on order**  
Ask the Barn Team

**Enjoy your time at the World Food Barn!**